Dear Friends and Alumni,

As I write this letter, Cast A 2006 is finishing up their time in Japan. It seems like only yesterday they were arriving in Denver!

It is almost more difficult to believe that we only have two months left until Cast A 2007 arrives in Denver for their orientation! This group will travel south from Denver to Tucson and then east across the southern states, ending their tour in Florida.

We are very excited for the second cast and yet have quite a ways to go in meeting our recruitment goal of 100 participants. Our recruitment plan involves building partnerships with universities, high schools and other organizations to ensure large applicant pools in the future. Building these relationships takes time, so until we have a couple years under our belt, we are all going to work very hard in finding and enrolling qualified students.

We need alumni to once again step up and help us. You recruited 51 of the 81 students traveling in Cast A 2006— an accomplishment for which we are all grateful. Thank you!

Our alumni goal for Cast A 2007 is to beat the 51 and have alumni recruit 60 of the 100 students. In order to do this, we need everyone to participate.

Here is what we ask you to do:

1. If you know someone between the ages of 18-29 who fit with our admissions criteria, please send his or her contact info to our Director of Admissions and Recruitment, Dave McKlveen.
2. If you cannot identify a student yourself, you can still be a tremendous help:
   - Print out our Admissions Brochure
   - Take the brochure to one or more of the following:
     - a high school theater teacher
     - a high school band teacher
     - a high school chorus teacher
     - a high school guidance counselor
     - a college/university study abroad office
     - a college/university departmental office
     - a church youth group or young adult group
   - Share your story with this person our group and give them our website

To help in any or all of these areas, please contact Dave McKlveen, Director of Admissions and Recruiting at 303-460-7100 ext 107 or send an email to dmcklveen@upwithpeople.org.
A Message from Tommy, cont.

Thank you so much for your on-going support. If you are not an alumnus, I would greatly appreciate your help in the identified areas above. We are thankful for your dedication and commitment to our mission. Your help is invaluable!

As you think about young adults who might be interested in our program, check out this Cast A 2006 student Blog at www.casta2006.com. I think it will bring back great memories for those of you who are alumni and inspire you to recruit just one student for this unforgettable experience!

With much gratitude,

Tommy Spaulding
President & CEO
Ashes Rajan is from the Kavrepalanchok District of Nepal. He is highly motivated and passionate about intercultural collaboration. He started a community awareness group in his hometown and hopes to use the skills he is developing in Up with People to start a youth network in Nepal to “create an environment of global citizenship among the youth of [his] country.”

1) What are some unexpected challenges you have had to face in Japan so far? What have you done to deal with them?

As you probably know from personal experience, traveling with the Up with People cast is starting to feel like a normal part of my life. We had a really wonderful trip to North America. Now it’s time to say good-bye to Japan. There is one thing I have learned to be universal: time flies no matter where you are! We are almost done with Japan tour. Japan is also wonderful. Personally, I have learned a lot of things here - more than in the USA. I am sure other members of Cast A also think that we are in very different culture and country. Everyday we start new things, and we have challenges. Some of them are expected, and some of them are unexpected. I didn’t know what to expect before I came to Japan. I wanted to learn and share, and I wanted to know more about the differences between cultures that live together in the same world. When I came here I had some problems with culture and food. The most difficult thing was the language.

2) Now that you are just over half way through your time in Up with People, what have you learned or discovered about yourself?

In Japan, I have taken all those challenges as opportunities to learn something. I learned more about Japanese culture, respect, cooperation, punctuality and Japanese heart. My host families and friends gave me a great chance to know myself better. This tour made me become stronger and better able to work for others like OISCA, TOYOTA, TIA, UP WITH OMURA and many others.

3) What is one aspect of Japan or Japanese culture that you would tell someone who has never traveled there before?

Maybe this will be useful to others who want to travel to Japan: I found that Japanese people respect cooperation and punctuality, and they also want others to be punctual. They don’t like to criticize others - or they don’t like to criticize directly. They want to learn new things. I think this habit of the Japanese leads to their success.

4) What have you learned about leadership through your time in Japan?

This five week tour in Japan made me think about my future goals again. I think that this aspect is the most precious thing in this tour. It made me stronger and better able to work for people, to help them and to do something for the community. I would like to visit here again sometime, and I want to know more about Japan.

5) Do you have anything else you would like to share?

I already have 5 families in Japan and they have a Nepali son. I now understand our song much better because my heart is joined with people I have met here: “One to one we change the world……”
## Europe Show Dates and Times

**YOU’RE INVITED**

to the Up with People Show in Europe!

Alumni Receptions will take place immediately after each show.
Tickets for shows can be reserved at [Europe@upwithpeople.org](http://Europe@upwithpeople.org).
All proceeds will benefit local charities or non-profit organizations.

<table>
<thead>
<tr>
<th>Location</th>
<th>Date &amp; Time</th>
<th>Venue</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>BRUSSELS, BELGIUM</strong></td>
<td>8:00pm on Saturday, November 4</td>
<td>Cultureel Centrum Sint-Pieters-Woluwe/ Centre Culturel Woluwe-Saint-Pierre</td>
</tr>
<tr>
<td><strong>NIJMEGEN, THE NETHERLANDS</strong></td>
<td>7:30pm on Saturday, November 11</td>
<td>De Lindenberg</td>
</tr>
<tr>
<td><strong>ROSTOCK, GERMANY</strong></td>
<td>7:30pm on Friday, November 17</td>
<td>Scandlines Arena</td>
</tr>
<tr>
<td><strong>KOLN, GERMANY</strong></td>
<td>7:30pm on Friday, November 24</td>
<td>AbenteuerHallenKALK</td>
</tr>
<tr>
<td><strong>BERN, SWITZERLAND</strong></td>
<td>7:30pm on Saturday, December 2</td>
<td>Rudolf-Steiner-Schule</td>
</tr>
<tr>
<td><strong>MODENA, ITALY</strong></td>
<td>9:00pm on Friday, December 8</td>
<td>Polisportiva Modena East</td>
</tr>
</tbody>
</table>
Laura Maskell

BRINGING THE WORLD TOGETHER

Laura graduated from Texas A&M with a bachelor’s degree in genetics. She loves learning about other cultures and lived in Indonesia for two and a half years. After traveling with Up with People, Laura plans to return to school and earn a graduate degree in student affairs.

1) What are some unexpected challenges you have had to face in Japan so far? What have you done to deal with them?

The most unexpected challenge at first was probably the difficulty in finding water fountains and trash cans. Japan is incredibly clean, so I was surprised to find that trash cans are few and far between. I learned that the people here usually carry their trash with them and dispose of it when they arrive back home. There are, however, recycling receptacles everywhere. One of my biggest challenges has been dealing with the amount of public smoking. Usually I just try to stay away from smoky areas and hold my breath when passing through them.

2) Now that you are just over half way through your time in Up with People, what have you learned or discovered about yourself?

The first thing I learned is that I do not feel complete if I am not being challenged. Having to overcome a task or circumstance is so invigorating and elating. Along those lines, I have also realized the extent to which my comfort zone has expanded from my latest endeavors. Above all, the most valuable thing I have learned is the amount of personal growth and development I still have ahead of me. That lesson has humbled me and sparked even more of a burning desire to push myself to learn new things with each passing day.

3) What is one aspect of Japan or Japanese culture that you would tell someone who has never traveled there before?

Although many aspects of Japan seem backwards from The United States (for example, they drive on the left side of the road, and their school year begins in April), we are exactly the same in so many ways. One aspect of the Japanese culture that is very interesting to see is their way of thinking. It is very concentrated on being a part of a larger group, rather than expressing individuality. It amazes me how everyone in the world can be so different, yet so similar at the same time.

4) What have you learned about leadership through your time in Japan?

I have learned that in order to be a good leader, you must really know the people you are serving. If you do not understand what or how those people think, you will have a much more difficult time empowering them. The Japanese people have truly mastered the art of working together as a collective unit and unselfishly putting the needs of the entire group before themselves.

5) Do you have anything else you would like to share?

The public toilets are like urinals stuck in the ground, so you must squat to use the restroom! The first time I did it, I was kind of nervous. Although everyone in the cast has now mastered that skill, we still get very excited whenever we have the opportunity to use "western toilets" in public places.
Europe Tour Announcement

Cast A 2006 is now preparing for the European portion of their tour. They will arrive in Brussels, Belgium on October 30 and perform the European premier of the show on Saturday, November 4. Mayor Jacques Vandenhaute of Woluwe St Pierre is delighted to host Up with People in his community.

The show will be held at Cultureel Centrum Sint-Pieters-Woluwe/Centre Culturel Woluwe-Saint-Pierre. Doors will open at 7:30, and the show will begin at 8:00.

All proceeds from the show will be given to the local charity projects. The cast will be volunteering with this charity and supporting them throughout the week.

Tickets are required for entrance to the show and are €10 for adults and €5 for students. An Alumni Reception will be held immediately following the show. The Up with People International Alumni Association will be holding meetings in Brussels prior to the event, and the majority of the Board members will attend along with the President and CEO of Up with People, Tommy Spaulding.

Please consider supporting Up with People in Europe in the following ways:

- Be a host family
- Attend a show
- Recommend a student for the upcoming January 2007 program.

Thank you for your continuing interest and support. You may email europe@upwithpeople.org for more information.

Images of Cast A 2006 in Japan

all photos in this newsletter were taken by members of Cast A 2006